



Module 1 - Video transcript

Narrator: Des came to the home on a high dose of anti psychotics because of challenging behaviour.

Care Home Manager

He was very unsettled, very angry with life. And he used to pick up the furniture, pile it in the middle of the dinning room and talk about fire. He was just so angry and upset and the first instance from the staff was "Oh my goodness, we can't keep him here."

Narrator: In Des's case the care workers made a remarkable discovery about his habit of piling furniture high.

Care Home Manager

We looked at his life history and we found that he was a painter and decorator. And, in fact, what he was doing was getting everything, preparing to decorate. He would cover up televisions with sheets, strip off his bed and. So when we looked at that, just understanding what he was doing helped the staff. And we'd have a meeting and sit down and say "Ok how can we help this gentleman?"

We had paint brushes and a roller and just some water in a tin and he was just so pleased to be able to have some sort of meaningful occupation and it's an important part now of his life.

Des's daughter: It is obviously working because he is so, he is calmer. But when he is on a mission, he's on a mission. You could say he thinks he is back in the navy.

Narrator: As a result, the staff were able to take Des off his anti psychotics.